EASY AND FAST TRACKING TIPS!

HERE ARE A FEW WAYS YOU CAN TRACK A WHOLE SCHOOL AT ONCE!

1. FILL OUT THE “LETTER TO OFFICE STAFF” WITH YOUR INFORMATION
2. DETERMINE (GUESS!) HOW MANY STUDENTS YOU THINK WILL USE ACTIVE TRANSPORTATION (WALK, BIKE, SKATE, SCOOT, ETC.) TO GET TO SCHOOL IN MAY
3. CREATE A TRACKING POSTER BASED ON YOUR ESTIMATE
4. WITH OFFICE STAFF, DETERMINE A GOOD PLACE TO HANG THE POSTER
5. HAVE STUDENTS COLOR IN A SQUARE EVERYTIME THEY WALK, BIKE, ETC TO SCHOOL
6. YOU CAN USE DIFFERENT COLOR MARKERS OR DIFFERENT POSTER TO DIFFERENTIATE WALKING AND BIKING
7. HANG POSTER(S) AND CHECK ON THEM ONCE A WEEK

Beans in a Jar!

1. PUT A LARGE JAR OR BUCKET IN THE OFFICE
2. SUPPLY THE OFFICE WITH A BAG OF PINTO BEANS (OR JELLY BEANS, BUT THEY'RE MORE LIKELY TO GET EATEN!)
3. WEIGH THE EMPTY JAR. WEIGH 10 BEANS
4. FOR EACH WALKING OR BIKING TRIP, HAVE STUDENTS PUT ONE BEAN IN THE JAR
5. AT THE END OF THE MONTH. WEIGH THE WHOLE JAR
6. SUBTRACT THE WEIGHT OF THE EMPTY JAR AND THEN DIVIDE THAT AMOUNT BY 10 TO FIND OUT HOW THE TOTAL NUMBER OF WALKING AND BIKING TRIPS