

Oregon

**FIRE
UP
YOUR
FEET!**

A group of diverse children are participating in a tug-of-war competition outdoors. They are smiling and pulling on their ropes with effort. The background shows green trees and a bright sky.

Fire Up Your Feet Rewards Active Families and Schools!

\$9,500 in awards for Oregon K-8 schools!

Spring Activity Challenge: May 1 - 31

Winning is as easy as 1-2-3!

- 1. Click it!** Register today at fireupyourfeet.org.
- 2. Track it!** Track your physical activity using our easy online Activity Tracker. Bicycling, walking, recess – all activity counts!
- 3. Earn It!** The more participants, the better your school's chances of winning awards that can be used for physical activity, wellness and Safe Routes to School programs!

Register Today!

www.fireupyourfeet.org



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